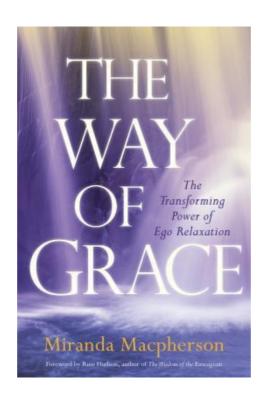
Download Book The Way of Grace: The Transforming Power of Ego Relaxation

By Miranda MacPherson

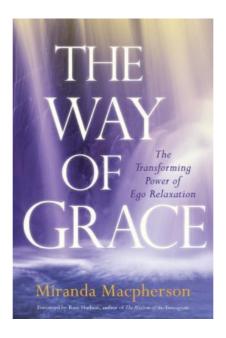




"Perhaps you hunger to finally end the struggle of living from a consciousness of fear and separation. Perhaps you yearn for a saner, wiser, more spiritually elegant way to move through our world. Perhaps you are weary of the dizzying pace of a culture that drives us ever further from our true nature. There is another way: a way of Grace. This book is a hand of friendship to help you come to abide in the living presence that you are and always were."? Miranda Macpherson, The Way of Grace Many of us struggle to truly live what we believe spiritually. What if closing that gap wasn? t about trying harder, but something quite the opposite? The Way of Grace is a guide to spiritual surrender and nondual realization based on the practice of ego relaxation? a holistic, feminine approach to welcoming all of your experience and responding with compassion and wisdom in a world in need of your unique gifts. "Grace has four primary

dimensions, or ways that it comes alive," explains Macpherson. "Ego

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